**Krista Fasoli**

**True Colors Word Sort**

Activity

Gold (4) Blue (3) Green (2) Orange (1)

* Orange word clusters = 7
* Gold word clusters = 18
* Blue word clusters = 14
* Green word clusters = 11

Reflection

1. **What did you learn about yourself?**

The outcome of the True Colors Word Sort closely aligned with all other personality tests that I have completed in the past. With no surprise, I received a score of 18 in gold and 14 in blue. I know that I am a responsible, organized, and committed individual. If I have work that needs to be completed, I prefer to get it done before enjoying myself. I have always held true to the saying, “work hard—play hard”. Given my work style and trying to balance my internship and NELA work, I have to consciously make time to relax and have fun even though my work may not be completed.

The other results of my True Colors test were also interesting. I have always related well to others. I have often been named a “counselor” because people come to me with their problems. Interestingly, sometimes my ‘seriousness’ from being True Gold distracts me from my relational side and I struggle to focus on the person because of my own pressure or stress.

I was surprised with how high I scored in Green and Orange. In terms of green—I enjoy solving problems and I prefer a challenge. With regard to orange—I problem solve and prefer hands on learning. However, as with both, I’m not particularly curious, spontaneous, or interested in lots of variety with work. With competition, I don’t need to be the best nor do I want to be the worst. I am extremely competitive with myself. I strive to do my best at all times and am my own worst critic.

1. **Describe how this information impacts your personal relationships.**

The outcome of the True Colors activity reminds me of the following:

* A balanced and productive workplace requires a staff with diversified personality styles.
* Not all others are like myself. I must be patient and conscious of the fact that other people may like to “work and play” in a different order.
* I must make a valiant effort to SLOW DOWN and LISTEN to others even when there are lots of stresses and pressures weighing me down. If I don’t do this, people may get the impression that I don’t care about what they have to say or I don’t have time for them.

1. **Describe how you plan to use this information as you enter a new professional environment.**

As I enter into my internship, I must find a balance between management tasks and building relationships. In that I am my own worst critic, I must identify small accomplishments that I can celebrate. I must also be sure to place staff members together in a diversified, but complimentary way.